

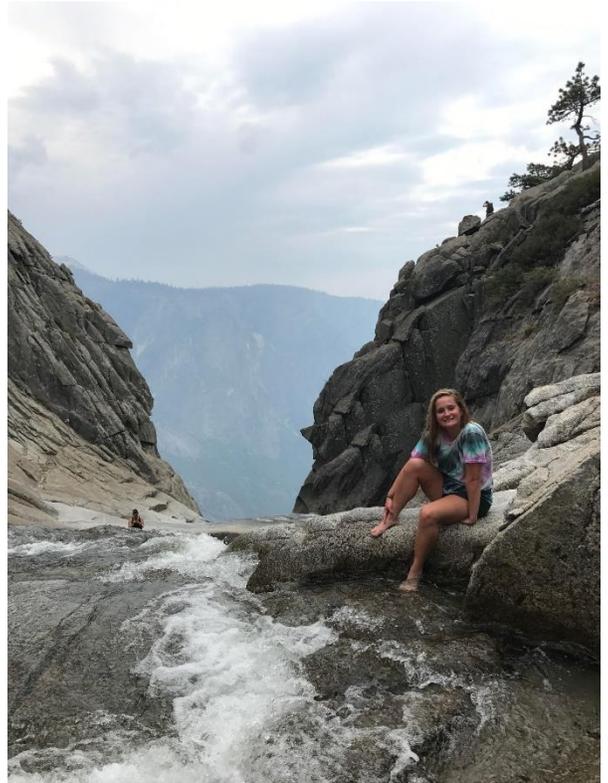
Meet the Be Well Fox Valley AmeriCorps Members!

Meet our enrolled AmeriCorps members, who are serving at our partner host site organizations throughout the Fox Valley.

Emily Eresh

**Host Site: Ascension Medical Group, Jackson St. Clinic—
Oshkosh, WI**

1. **Why you chose to serve with BWFV AmeriCorps?** It is a great opportunity to use my knowledge and skills to positively influence my community.
2. **Where are you from:** Waldo, WI
3. **Where'd you graduate from college?** University of Wisconsin - Oshkosh
4. **Any relevant past work/volunteer/internship experience you'd like to share?** Interned with the Oshkosh YMCA and have been volunteering for various roles during my time with the Y.
5. **Hobbies:** Hiking, drawing, and making my dog hang out with me.
6. **Pets:** Maple Jumanji Scout, 2 year old black lab
7. **Favorite sports teams:** Green Bay Packers
8. **Favorite form of physical activity:** Hiking, then running or weight lifting
9. **Favorite food:** Gyoza
10. **Favorite vegetable:** Sweet potato or grape or roma tomato
11. **Favorite movie:** Lord of the Rings trilogy
12. **Other fun facts you'd be willing to share with the public:** I have a fraternal twin sister!



Ana King

Host Site: Be Well Fox Valley and Partnership Community Health Center

1. **Why you chose to serve with BWFV AmeriCorps?** I chose to service with BWFC AmeriCorps to gain real world experience while serving the communities and area of Wisconsin that I now call home.
2. **Where are you from (can either be where you are now, or your original hometown):** I grew up in both Wisconsin Rapids and Janesville and spent a majority of time in Wisconsin Rapids
3. **Where'd you graduate from college?** Marian University in Fond du Lac with a BA in English with a communication minor and MPH from Benedictine University in Lisle, IL
4. **Any relevant past work/volunteer/internship experience you'd like to share?** I completed my internship remotely through the Winnebago County Health Department
5. **Hobbies:** Crocheting, drawing, reading, and playing video and board games.
6. **Traveled anywhere/Any unique experiences you've encountered:** I studied abroad my junior year of college in London and attended the University of Westminster. During my study abroad I travelled all around the UK, France, Ireland, and Italy.
7. **Pets:** Two cats a calico named Luna and a black one named Ludwig
8. **Favorite sports teams:** The Pittsburgh Steelers, Wisconsin Badgers, Pittsburgh Penguins, and Pittsburgh Pirates
9. **Favorite form of physical activity:** Hiking and going on walks with my fiancé
10. **Favorite food:** I like most food but my favorite food would be chicken nuggets especially chicken nuggets from Wendy's.
11. **Favorite vegetable:** Carrots
12. **Favorite fruit:** Raspberries
13. **Favorite movie:** Dawn of the Dead/Harry Potter and the Goblet of Fire
14. **Favorite book:** Frankenstein by Mary Shelley/The Picture of Dorian Gray by Oscar Wilde
15. **Other fun facts you'd be willing to share with the public:** I participated in pageants and was Miss Wisconsin Earth in 2018



Maria Aldana

Host Site: Be Well Fox Valley

1. **Why you chose to serve with BWFV AmeriCorps?** I choose to serve with BFWV, through AmeriCorps because I really wanted to develop a better understanding of the non-profit/charitable sector. I have always been concerned about the relevance of hunger, in every community. This position will allow me to learn more about food and the community, through research and relevant activities. For the summer, I am looking forward to moderate focus groups, and compiling research, in preparation for the fall Food Summit.



2. **Where are you from?** I am from Menasha, Wisconsin
3. **Where'd you graduate from college?** I currently am a senior at the University of Wisconsin-Green Bay! My majors are political science and public administration (with an emphasis on nonprofit management). My minor is in global studies.
4. **Any relevant past work/volunteer/internship experience you'd like to share?** The most recent internship I had was with KenyaHELP, a nonprofit in Green Bay that provides scholarships in Meru, Kenya.
5. **Hobbies:** I love to travel, spend time with my family, and read. I also am really into photography.
6. **Traveled anywhere/Any unique experiences you've encountered:** Traveling is a real passion of mine. I have been lucky to have traveled quite a bit. Some of my favorite places include Alaska, the Netherlands, Norway, and Qatar.
7. **Pets:** Two dogs, Sophie and Callie!
8. **Favorite sports teams:** My favorite sport to watch is soccer. My "favorite" sports team would likely be the German national soccer team. Locally speaking, I support the Packers too, I just don't have the patience to watch them or football.
9. **Favorite form of physical activity:** For physical activity, I enjoy going for walks, and swimming.
10. **Favorite food:** Pizza
11. **Favorite vegetable:** Corn
12. **Favorite fruit:** Strawberries and watermelon
13. **Favorite movie:** I don't think I have a favorite movie, but I enjoy action and comedy movies.
14. **Favorite book:** I am such a bookworm, so I don't have a favorite book!
15. **Other fun facts you'd be willing to share with the public:** For as long as I can remember, I have been obsessed with the news. I constantly am watching, reading, or listening to the news. Another hobby of mine includes writing letters. I love fun stationery, and writing notes is the best excuse to use it!



Tasha Voss

Host Site: Be Well Fox Valley

Member bio coming soon!

Kyle Armstrong

Host Site: The Brigade

1. **Why you chose to serve with BWFV AmeriCorps?** I want to meet and serve people in our community while building skills that I can use to benefit humanity in the future. And, as someone who was blessed to grow up with access to the outdoors, I appreciate the value that can be provided through the Inclusion in the Outdoors initiative.
2. **Where are you from (can either be where you are now, or your original hometown):** Neenah
3. **Where'd you graduate from college?** University of Minnesota Twin Cities, BFA in graphic design
4. **Any relevant past work/volunteer/internship experience you'd like to share?** I helped teach English to Somali refugees in Minneapolis.
5. **Hobbies:** photography, hiking, scuba diving
6. **Traveled anywhere/Any unique experiences you've encountered:** I've been fortunate to have opportunities to study abroad in Istanbul, Turkey and serve as a Fulbright English Teaching Assistant in Taiwan, where I stayed for four years and learned Mandarin.
7. **Pets:** Sparky, a yellow Labrador retriever
8. **Favorite sports teams:** The Packers, of course
9. **Favorite form of physical activity:** hiking
10. **Favorite food:** dumplings, or anything else involving stuffed pastries
11. **Favorite vegetable:** Brussels sprouts
12. **Favorite fruit:** mango
13. **Favorite movie:** The Sixth Sense
14. **Favorite book:** The Power Broker by Robert Caro



Morgan Biese

Host Site: Feeding America Eastern Wisconsin

1. **Why did you choose to serve with the BWFV AmeriCorps Program?** I need an internship to graduate with a human performance degree. I found the BWFV AmeriCorps program, and after researching it a bit, I loved what they stood for and their values so I decided to apply.
 2. **Where are you from?** Kaukauna, WI
 3. **Where did you attend/graduate college?**
 4. **Any relevant past work/volunteer/internship experience you'd like to share?** Still attending UW-Whitewater for another year and getting a degree in Human performance with a minor in health promotion
 5. **Hobbies:** Working out, traveling
 6. **Have you traveled anywhere or unique experiences you've encountered?** anywhere in the Caribbean- Punta Cana, Jamaica
 7. **Favorite sports team:** Green Bay Packers
 8. **Favorite form of physical activity:** Going for outdoor walks
 9. **Favorite food:** chop suey with rice
 10. **Favorite vegetable:** Sugar snap peas
 11. **Favorite fruit:** Raspberries
 12. **Favorite book:** *Verity* by Colleen Hoover
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Adam Krekeler

Host Site: Feeding America Eastern Wisconsin

Member bio coming soon!

Thea Pflum

Host Site: Mosaic Family Health

1. **Why did you choose to serve with the BWFV AmeriCorps Program?** I have an interest in the social and cultural determinants of health, public health, clinical health and health equity, and I am eager to gain knowledge

about all kinds of health and wellness experiences along my journey to hopefully becoming a Physician Assistant.

2. **Where are you from?** Appleton, WI
3. **Where did you attend/graduate college?** Creighton University
4. **Any relevant past work/volunteer/internship experience you'd like to share?** I am a medical scribe at ThedaCare in Neenah and at OSI. I have had previous AmeriCorps term experience with Feeding America Eastern WI.
5. **Hobbies:** Art, swimming, reading, going to breweries
6. **Have you traveled anywhere or unique experiences you've encountered?** I've been to Italy, France, Ireland, and Guatemala
7. **Favorite sports team:** Green Bay Packers
8. **Favorite form of physical activity:** walking, lifting weights, and riding my bike
9. **Favorite vegetable:** green beans
10. **Favorite food:** ice cream!!
11. **Favorite fruit:** pine apple
12. **Other fun facts you'd be willing to share?** My favorite color is green



Caroline Allaback

Host Site: Host site: N.E.W. Mental Health Connection – Healthy Teen Minds

1. **Why you chose to serve with BWFV AmeriCorps?** I believe that mental health and physical health should be seen as equally important, and so when the opportunity came up to work with a local non-profit that advocates for the mental health of those in my community, I was eager to apply. I wish to work in a mental health related field in the future, and this was a perfect opportunity to gain professional experience, all while helping my community.
2. **Where are you from?** I was born and raised in Appleton, WI.
3. **Where did you graduate from college?** I graduated from UW-Stout in May of 2021 with a Bachelor's in Human Development and Family Studies.



4. **Any relevant past work/volunteer/internship experience you'd like to share?** I interned at the Appleton Police Department this past spring to help promote mental health and well-being within their department. I also worked at the university mental health clinic in college.
 5. **Hobbies:** I love to read, travel, camp, play piano/guitar, and draw/paint.
 6. **Traveled anywhere/Any unique experiences you've encountered:** I've been all over the US on family road trips, but my favorite travel destination so far was a week in Belize and Guatemala for a Winter-term biology course in January of 2020.
 7. **Favorite sports teams:** Anything from Wisconsin! I am a big Brewers fan!
 8. **Favorite form of physical activity:** Running
 9. **Favorite food:** Fish Tacos
 10. **Favorite vegetable:** Broccoli
 11. **Favorite fruit:** Mango
 12. **Favorite movie:** Good Will Hunting
 13. **Favorite book:** The Secret History by Donna Tartt
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Stephanie Draheim

Host Site: Pillars

1. **Why did you chose to serve with BWFV AmeriCorps?** I'm a lifetime member of the Fox Valley, and have grown to love this community. I'm pleased to be able to dedicate my time towards making this community even stronger. I believe that if we wish to see positive change in our lives, we must think and act on a scale bigger than ourselves and our own family. I hope my work this term will help makes other lives in this community a little easier, safer, and more secure.
2. **Where are you from?** Appleton, WI

3. **Where did you graduate from college?** Lawrence University
(Appleton WI)
4. **Any relevant past work/volunteer/internship experience you'd like to share?** I've worked as an elementary German teacher, an English teacher in Austria through the Fulbright program, a caregiver for individuals with Developmental Disabilities and/or Mental Illness, and as a trainer for Assisted Living communities.
5. **Hobbies:** Reading, cooking/baking, spending time with my family and travelling
6. **Traveled anywhere/Any unique experiences you've encountered:**
I've studied/ lived abroad in Germany, Austria and China.
7. **Pets:** Doodle, a dog of indeterminate breed but infinite love
8. **Favorite form of physical activity:** Walks or hikes with my family
9. **Favorite food:** A relaxing cup of hot tea
10. **Favorite vegetable:** Varies with the season
11. **Favorite fruit:** Berries of any sort



Sarah Miles

Host Site: ThedaCare

1. **Why you chose to serve with BWFV AmeriCorps?** I am currently a Health Care Navigation Student at NWTC, studying how the Social Determinants of Health impact the health of our communities. The Community Connections Navigator position that I serve in at ThedaCare is putting that into action. This service year will give me hands on experience while helping members of the community.
2. **Where are you from?** Luverne, MN



3. **Where did you graduate from college?** Concordia College, Moorhead, MN (undergrad); University of St. Thomas, St. Paul, (teaching degree); NWTTC, Green Bay (May, 2022)
4. **Any relevant past work/volunteer/internship experience you'd like to share?** I volunteer at my kids' schools and at my church. I was a German teacher, a preschool teacher, and worked at the Appleton YMCA for 14 years as a program assistant.
5. **Hobbies:** Cooking, baking, reading, hanging with my dog
6. **Traveled anywhere/Any unique experiences you've encountered:** I was a Rotary exchange student to Germany after high school for a year. I was able to travel all over Europe the summer before I came home. I went back to Germany twice after that, for a summer and for 2 weeks. My husband and I have traveled to Mexico, Jamaica, Belize, and our last (and furthest) adventure was to China for 15 days in 2007 to adopt our daughter.
7. **Pets:** Luna, the 1 ½ year old cavachon Covid puppy
8. **Favorite sports teams:** MN Wild, Badger Hockey, Brewers
9. **Favorite form of physical activity:** Walking the dog or hiking in nature
10. **Favorite food:** Just about anything with lots of flavor, but if I have to choose something to cook...I'd pick my homemade Lasagna
11. **Favorite vegetable:** corn on the cob with lots of butter, salt and pepper
12. **Favorite fruit:** strawberries
13. **Favorite movie:** "When Harry Met Sally"
14. **Favorite book:** *Pride and Prejudice*, Jane Austin
15. **Other fun facts you'd be willing to share with the public:** We have a 20 year old son, who is a Junior at the U of MN, Twin Cities, majoring in Human Resources. Our 15 year old daughter is a Freshman at Appleton North. She is a competitive jazz and lyrical dancer and is also an advanced ballet dancer.



Brooklyn Basche

Host Site: ThedaCare

1. **Why you chose to serve with the BWFV AmeriCorps Program?** More experience in a new field!
2. **Where are you from?** McFarland, WI
3. **Where did you attend/graduate from college?** St. Norbert College
4. **Any relevant past work/volunteer/internship experience you'd like to share?** Worked at the Salvation Army as a Shelter Advocate. Interned with the House of Hope in Green Bay.
5. **Hobbies:** Thrifting, singing
6. **Traveled anywhere/Any unique experiences you've encountered:** I've traveled to Hawaii
7. **Favorite food:** anything pasta
8. **Favorite vegetable:** carrots
9. **Favorite fruit:** watermelon
10. **Favorite movie:** Bridesmaids



Bayley Lau

Host Site: ThedaCare

1. **Why did you choose to serve with the BWFV AmeriCorps Program?** I am excited to serve the community I grew up in. I look forward to learning about the resources around me and utilizing them in a way that benefits others.
2. **Where did you attend/graduate from college?** I will be graduating from St. Norbert College in the spring with Bachelors of Arts in Sociology with a concentration in Human services and a minor in psychology.

3. **Any relevant past work/volunteer/internship experience you'd like to share?** Over the past year I have been interning with Unity Hospice as a field social worker. I spent my time out in the community surrounding Green Bay as well as in the sister hospitals of Green Bay, St. Mary's, St. Vincent's, and Bellin.
4. **Hobbies:** When I do have time I love to play tennis with my little sister. Her and I played together when we were in high school and we like to still test our skills against each other every once in a while.
5. **Pets:** This last July I got my own dog named Baxter. He is a 10 month old hound mix. We love going on walks together and playing fetch. Baxter loves booty scratches and gets the wiggles every time I come home!
6. **Favorite sports teams:** I am a homer so go Packers, Badgers, Brewers, and Bucks
7. **Favorite food:** I love chicken any style
8. **Favorite vegetable:** I love a good air fried asparagus
9. **Favorite fruit:** I enjoys raspberries
10. **Favorite movie:** Tangled, I love a good Disney movie
11. **Favorite book:** The BFG it was the first chapter book I ever read so it has a special place in my heart
12. **Other fun facts you'd be willing to share with the public:** Fun but weird fact about me is that I do not like when my food touches.



Sharon Edamala

Host Site: ThedaCare

1. **Why you chose to serve with the BWFV AmeriCorps Program?** I've always wanted to directly participate in patient care prior to attending medical school. As a Community Connections Navigator, I will gain invaluable experience supporting medically underserved populations by linking them to community resources they may not have been aware of. I believe exposure to this aspect of healthcare will make me a better physician because I will become proficient in providing social and emotional support, complimenting my goal of providing holistic patient-centered care one day.
2. **Where are you from?** Des Plaines, IL



3. **Where'd you graduate from college?**

Lawrence University, Class of 2020 (B.A.
in Biology and Psychology)

4. **Any relevant past work/volunteer/internship experience you'd like to share?** My experience in healthcare includes working as a medical scribe in a hematology/oncology clinic and training to be a Nursing Assistant. I became interested in community engagement while working as a Research Assistant for the Kindness Project, an initiative dedicated to bringing mindfulness to preschool and 4K children in the Fox Valley.



5. **Hobbies:** In my free time, you can find me playing different musical instruments, watching competitive cooking/baking shows, and learning to embroider.
